



WELCOME TO THE ECO LEADERS GUIDE!

Within the next few pages, you'll find the *Sustainability Changemaker Self-Assessment* from the Introduction and Background chapter of the Eco Leaders Guide.

INTRODUCTION & BACKGROUND

Changemaker Self-Assessment

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To view the full chapter or the complete toolkit, click [here](#) to return to the main Eco Leaders Guide website.



WWF's Environmental Education and Youth Advocacy Toolkit for the Mekong Region

Disclaimer:

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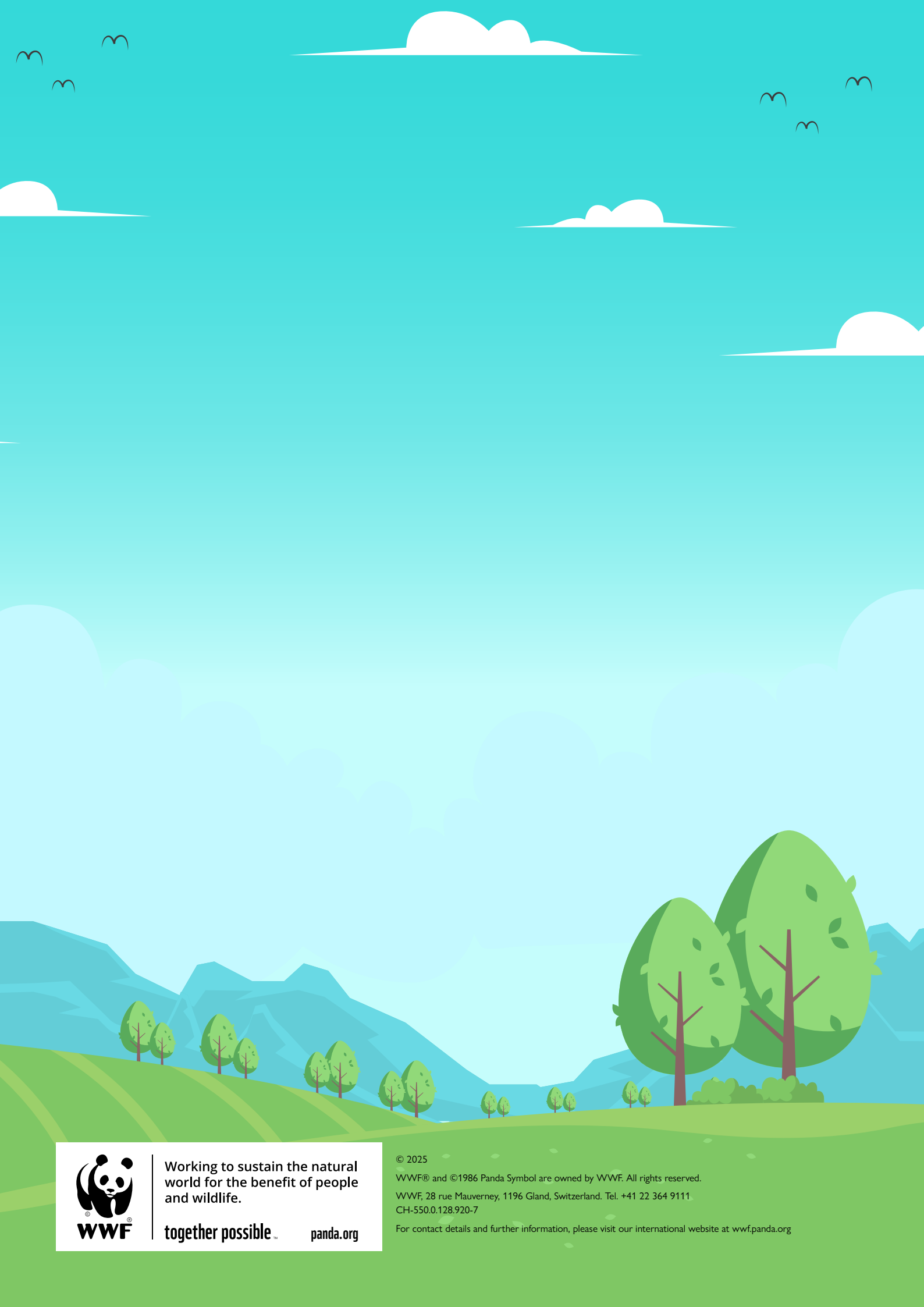
TOOL: CHANGEMAKER SELF-ASSESSMENT

Instructions: The following are a list of skills and capacities that are either fundamental, or highly desirable, for successful changemaker leaders in the context of environmental advocacy and leadership.

Use a "1-5" rating scale, where 1 is "not strong," and 5 is "mastery" (full confidence that you are operating at top professional capacity). Check your assessment with someone else you trust, who knows you and your work well.

SCORE 1 - 5	TOPIC & CRITERIA	REMARKS FOR YOURSELF
	Mastery of knowledge base	
	I have sufficient knowledge of environment issues and topics of focus in the GMS related to my topic of interest i.e. freshwater ecosystem management, climate change and renewable energy concepts and information sources.	
	I am up to date with relevant and current news and events related to GMS environment and climate change issues and trends (freshwater ecosystem management, climate change or renewable energy).	
	I feel confident to interact with topic professionals and experts.	
	Self-knowledge	
	I feel I know what my personal strengths and weaknesses are.	
	I am good at soliciting and receiving feedback from other people.	
	I am able to manage and control my anxiety and fears.	
	Listening Communications	
	I am a good active listener.	
	I can take in new information and am able to suspend my judgment to help me listen clearly for understanding.	
	I am able to communicate well (without speaking) to people I'm listening to so that they understand that they have been heard and understood by me.	
	Verbal / Speaking Communications	
	I feel confident that I can stand up in front of a group of people and talk and present my message and views	
	I am confident in speaking in front of a camera, either a computer camera (online), or a hand-held professional camera in person.	
	I am good at adjusting my voice, language level and tone according to the audience I am speaking to, and spatial situation.	

	Facilitating	
	I feel confident in facilitating meetings and forums of diverse people, backgrounds and issue perspectives.	
	I feel confident to facilitate large and small group workshops and conference size events.	
	I feel I have the ability to effectively facilitate and resolve conflict situations.	
	I am mindful and aware of my body language and facial expression projection and how it affects the energy and responsiveness of groups I facilitate.	
	Writing Communications	
	Writing ability, i.e. blogs, technical reports, press releases, etc.	
	Writing ability in terms of letters, emails, campaign messages, etc.	
	Networking	
	Networking ability: creating and maintaining social and professional networks.	
	Quality of my current network for promoting sustainability-related change.	
	Political and Power Relationship Literacy	
	Have a good understanding of dynamics of power relationships within the social, professional and political groups I am involved in.	
	Ability to interact effectively with a wide range of groups with different types of power dynamics.	
	I can successfully gain the trust of people in authority with whom I interact (especially in the context of environment issue advocacy).	
	Social Influencing	
	I have a good understanding about what motivates people and how people are likely to respond to different situations.	
	I am confident about what topics, approaches and strategies are likely to be successful in a given social context.	
	I am good at respectfully interacting with a variety of different personality types and different cultural backgrounds and perspectives.	
	I have the ability to influence and persuade people to do something new.	



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